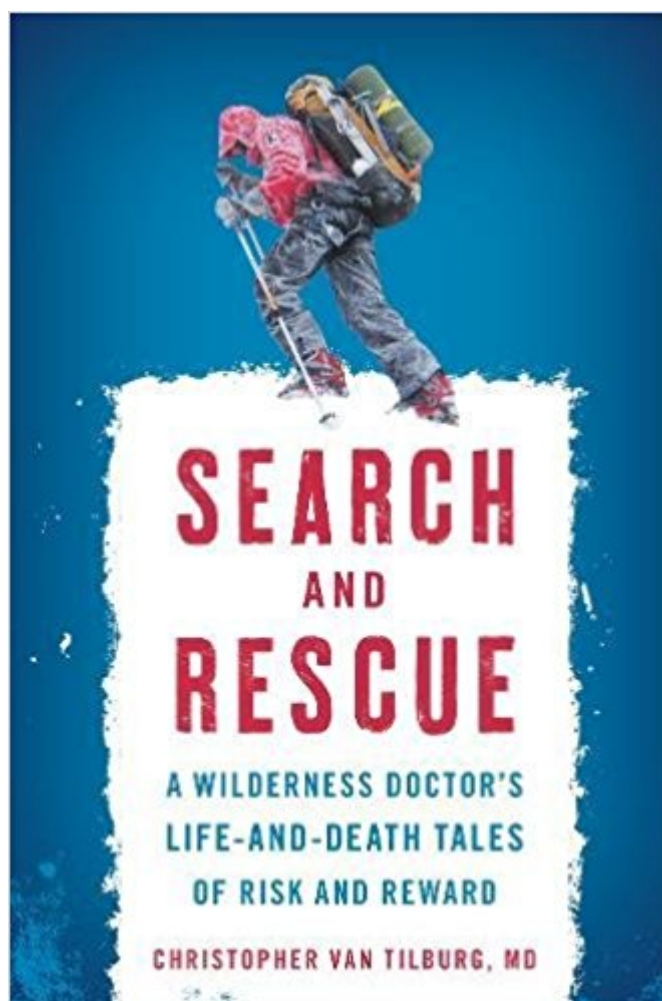


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# Search And Rescue: A Wilderness Doctor's Life-and-Death Tales Of Risk And Reward



## Synopsis

Search and Rescue: A Wilderness Doctor's Life-and-Death Tales of Risk and Reward is a thrilling collection of first-hand accounts of search and rescue operations from Oregon's legendary Mount Hood and other exotic locations around the world, by wilderness physician Dr. Christopher Van Tilburg. The exciting tales offer a fascinating inside look at how SAR teams operate, as well as the importance of taking risks and how to mitigate outdoor accidents. Search and Rescue combines hard science and a gripping narrative to analyze the relationship between risk and reward in the mountains, and in daily life. Author and mountain rescue doctor Van Tilburg's tragic, sudden, life-altering accident on Oregon's Mount Hood, where he has saved countless lives himself, provides the springboard for a deep, complex story on how risk is essential to success, personal fulfillment, and wellness in our lives. But it is also a cautionary tale, from a mountain rescue doctor's perspective, on how to mitigate risk and maximize safety to avoid dire consequences.

## Customer Reviews

Christopher Van Tilburg studied science communication at University of Portland and medicine at University of Washington. He has worked for two decades as an emergency physician. He is currently staff physician at Providence Hood River Memorial Hospital in Oregon, where he serves as medical director of Occupational and Travel Medicine, staff physician in the emergency department, and ski resort doctor at Mountain Emergency Services. He also works as a cruise ship doctor, a medical relief team leader in Haiti, a wilderness medicine instructor, an expert witness, and a mountain rescue doctor. Wilderness Medicine and Editor-in-Chief of Travel Medicine News. He is an active member of Crag Rats mountain rescue team and serves as chair of Mountain Rescue Association Medical Committee.

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